

KiOslim™ is a medical device certified in accordance with the provisions of Directive 93/42/EEC.

Read carefully the enclosed leaflet before use.

### INDICATION

KiOslim™ is intended to be used in the treatment and prevention of overweight in order to prevent diseases related to excess of weight and body fats and is intended to help with:

- treatment of excess of weight,
- weight control,

by means of reducing caloric intake for restoring a healthy energetic balance and supporting a weight management program thanks to a double action:

- reducing appetite and preventing excessive eating and cravings, and
- lowering fat intake from diet.

#### INSTRUCTIONS FOR USE

For oral use.

KiOslim™ is intended to be used:

- in overweight and obese adults (BMI ≥ 25) wishing to lose or control weight,
- in the context of an overweight management program.

Recommended intake quantity:

- 1 stick three times a day (before breakfast, dinner and lunch)
- to be taken 15 minutes before each meal with one or two large glasses of water.

KiOslim™ is suitable for long term use and recommended to be used up to 12 weeks depending on the need.

Persons taking KiOslim™

#### SIDE EFFECTS

may occasionally experience gastro-intestinal disorders such as constipation, dyspepsia, stomach aches, uncomfortable bloating, abdominal discomfort, nausea, vomiting or diarrhea. Rare: hyper sensibility to one or more ingredients. In the event of persistent side effects, subjects should discontinue the treatment and should talk

to a healthcare

professional.

Δs KiΩslim™ has the

capacity to swell, the

#### PRECAUTIONS FOR USE

powder should not be inaested directly. The content of the stick must be poured into a large amount of water (at least 200-250 ml.) before use As the high fat binding capacity of KiOslim™ might impact absorption of active ingredients of lipidic nature from medicinal products (e.g. hormones in contraceptive pills or in preparations used in the treatment of menopause disorders and vitamin products) it is recommended taking these medications one hour before or four hours after ingesting KiOslim™. Subjects should ask systematically their doctor or pharmacist about concomitant treatments. In order not to fall below the daily requirement of fat soluble vitamins A. D. F. and K. a multivitamin product can help cover the vitamin requirement. Subject should not exceed the recommended daily dose. Taking KiOslim™ at a dose higher than the recommended one does not improve the effect of the product, but can cause potential side effects. As components of KiOslim™

may have potential effects on blood glucose and cholesterol level, people suffering from diabetes or hypercholesterolemia should use KiOslim™ only after consulting a doctor.

#### CONTRA-INDICATIONS

Do not use in case of allergy or intolerance to one of the compounds present in the formulation.

present in the formulation Not suitable for persons with swallowing difficulties.

Not suitable for persons with inflammatory diseases of the gastrointestinal tract such as acid reflux disease gastritis, ventricular or duodenal ulcers. Crohn's disease, ulcerative colitis. diverticulitis), presenting signs of intestinal obstruction (impending or existing mechanical or paralytic ileus), gastric bypass, gastroparesis in diabetics with neuropathy. intestinal polyps and existing severe digestive disorders.

Not suitable for persons with medical history of constipation.

Not suitable for underweight persons (Body Mass Index- BMI <18.5).

Not suitable for babies, infants or children.

Adolescents should use KiOslim™ only after consulting a doctor.
In case of doubt, ask a healthcare professional.

# PREGNANCY AND BREAST-FEEDING

Do not use during pregnancy and breastfeeding in order not to jeopardize the supply of important nutrients to the embryo or baby.

## **CONDITIONS OF STORAGE**

Store in a dry place at room temperature.

Do not exceed the deadline of use being provided on the packaging.

Verify the stick integrity before use.

Keep out of the reach of children.

## COMPOSITION

KiOslim™ Complex, Maltodextrin, Colloidal silicon dioxide, Aroma, Sucralose.

## ADDITIONAL INFORMATION

No preservatives, no colorant.

No lactose, iodine, gluten or cholesterol.

KiOslim™ is produced with natural ingredients and

does not contain raw materials of animal origin. Slight variations in color and taste have no impact on efficacy of the product.

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